




Chess and autism



A close-up photograph of a hand holding a white chess piece, likely a knight, positioned over a dark chess piece on a chessboard. The background is blurred, showing other chess pieces and the board's surface. The lighting is soft, highlighting the textures of the wood and the skin of the hand.

There are many benefits of chess to kids with autism

Such as:

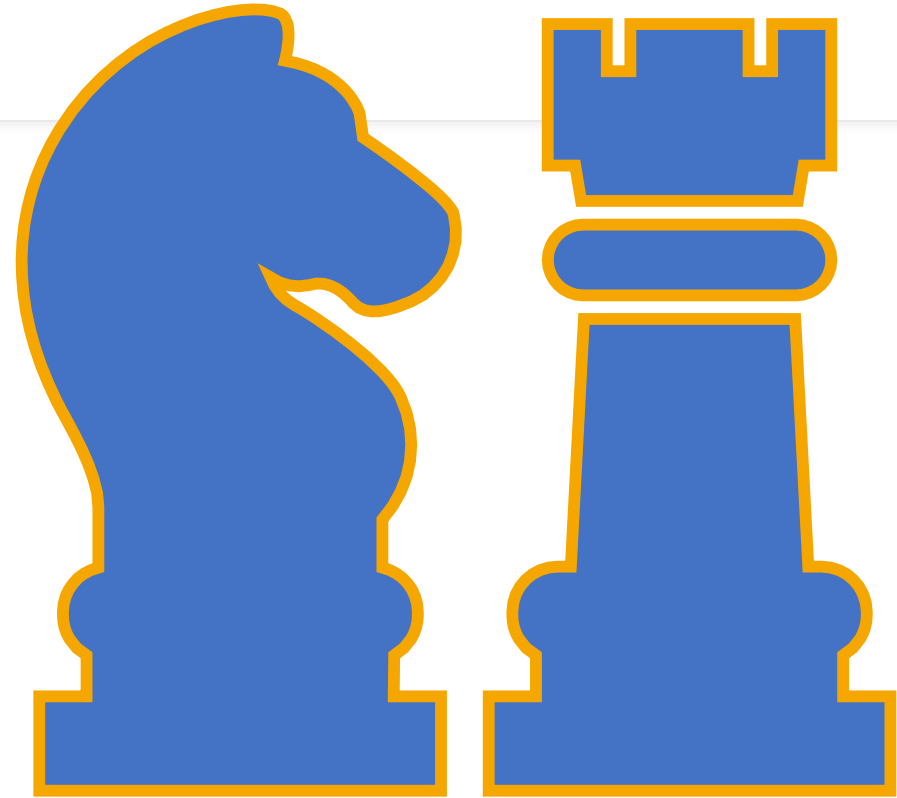


Chess makes you understand actions and consequences

- You always need to have a reason behind a move you make
- You need to think what would happen if you'd make the move

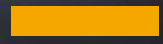
Chess teaches you to take responsibility

- Many games rely on luck, but in chess you can't blame luck
- In chess you are responsible for everything
- This is true for both autistic and non-autistic kids





Chess makes
you confident,
and boosts
your self-
esteem



Chess teaches you to *earn*
rewards



Patience is not about just waiting but the ability to work hard to achieve desired goals while waiting.



Chess teaches you patience

- ❖ In chess you always have to think your options through



Chess makes you see the other persons perspective

Chess makes you think why did
the other person do something,
and what will they do next



Chess relieves anxiety

- Many autistic people overcome their anxiety by having things under their control
- In chess they can do exactly that.

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Chess
teaches you
to cope
with failure

**"When you lose,
don't lose the lesson."**

-Anonymous

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THANK YOU

FOR YOUR TIME